

INSTRUCTIONS FOR PROPANTHELINE (For saliva control)

Propantheline is to be taken 30-60 minutes prior to your appointment to temporarily dry the mouth. We recommend that you quickly swallow and not chew the tablet(s). This temporary drying of the mouth improves the placement and longevity of dental materials. This medication is much more effective if the stomach is not full, so eat a light meal for breakfast or lunch. After taking this medication, you can drink fluids.

Because propantheline is a drying medication, it will also dry your eyes. If you wear contacts lenses and your eyes get dry, please remove your contacts prior to your appointment. Your perspiration (sweating) will also be inhibited so avoid exercise or getting overheated for 6 hours after taking the tablet(s).

Propantheline will sometimes (but not usually) make you feel tired temporarily after the appointment. A soft drink, after your appointment, will help restore normal saliva and revive your energy.

DO NOT take this medication if you have glaucoma, gastrointestinal or urinary obstructions, myasthenia gravis or if pregnant or nursing. Also, this medication **MAY** temporarily increase heart rate, so please consult with Dr. Ford if you have heart disease.

If the propantheline **IS NOT** taken, we may have to reschedule the appointment for another day, which may be several weeks in the future. Thank you for your cooperation!

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